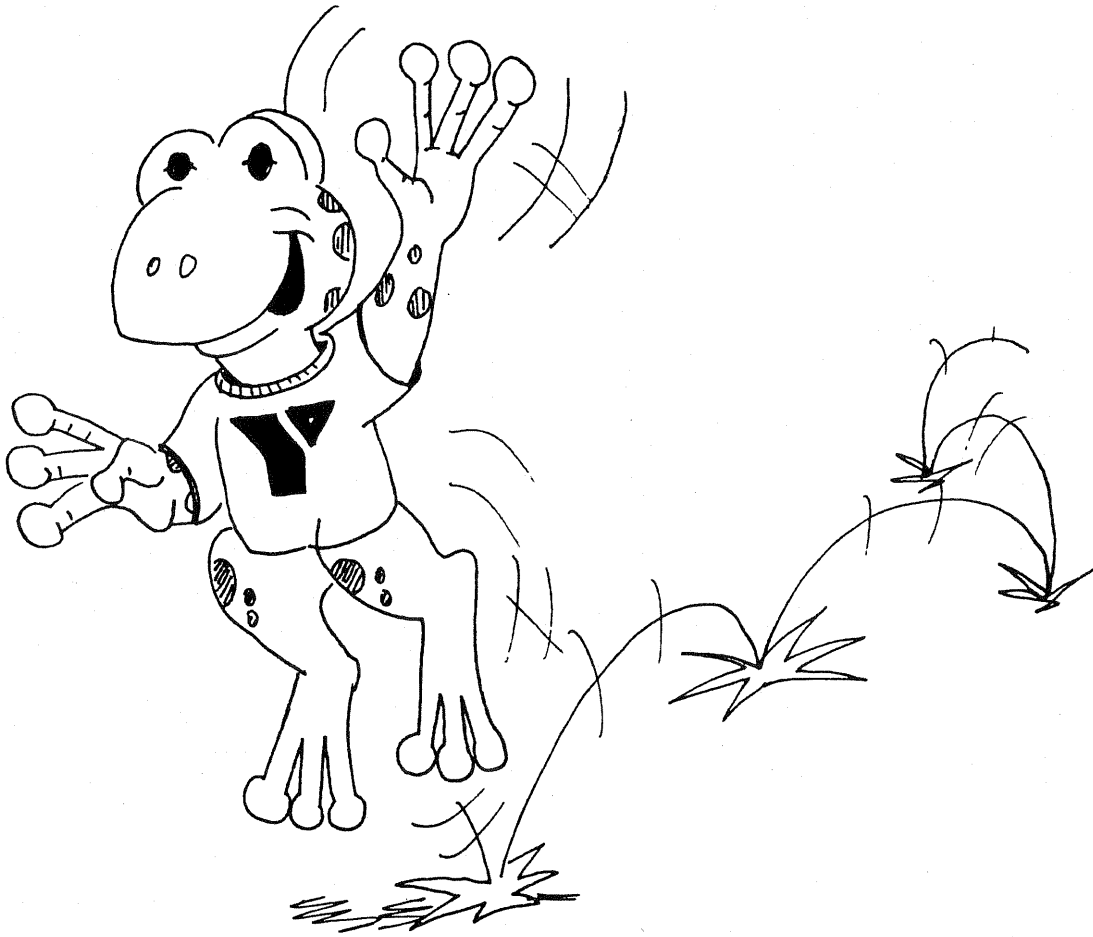
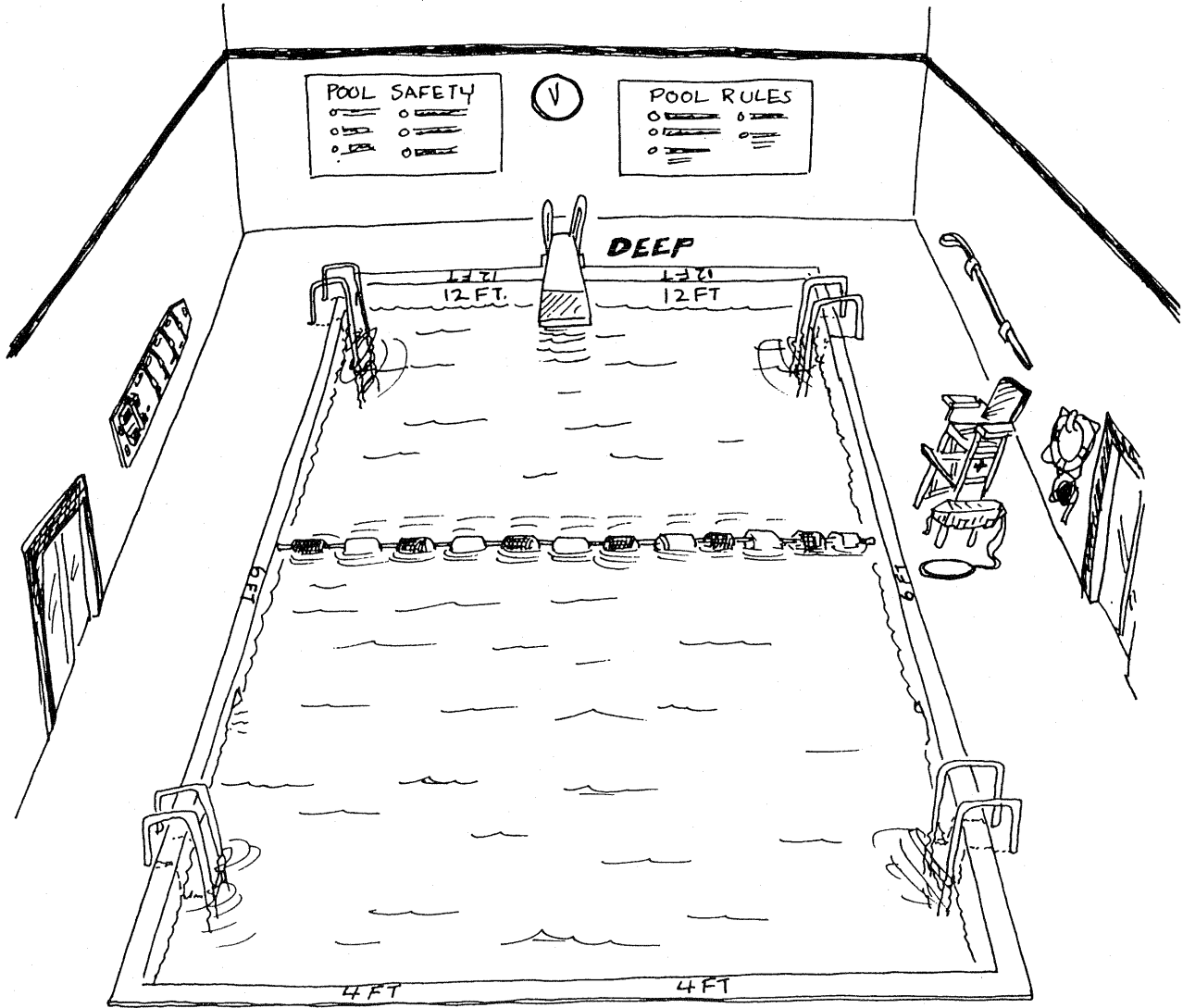


YMCA
SPLASH
ACTIVITY BOOK



POOL RULES

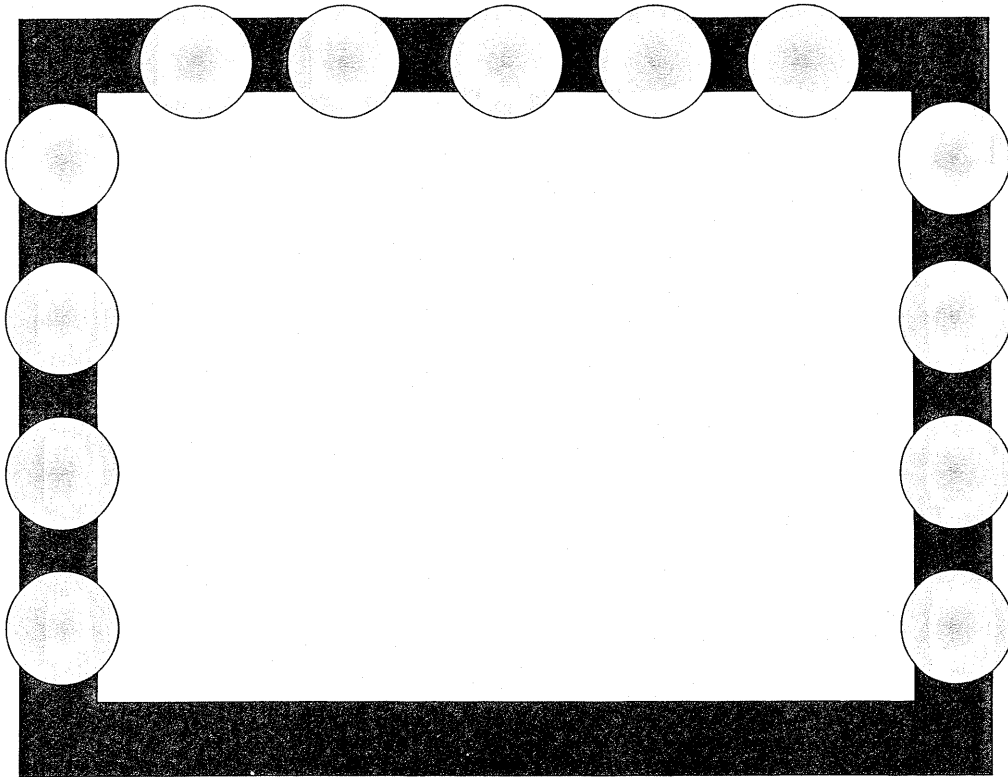


NO DIVING-SHALLOW WATER

Draw your favorite game to play with your friends.

SHOWING HONESTY

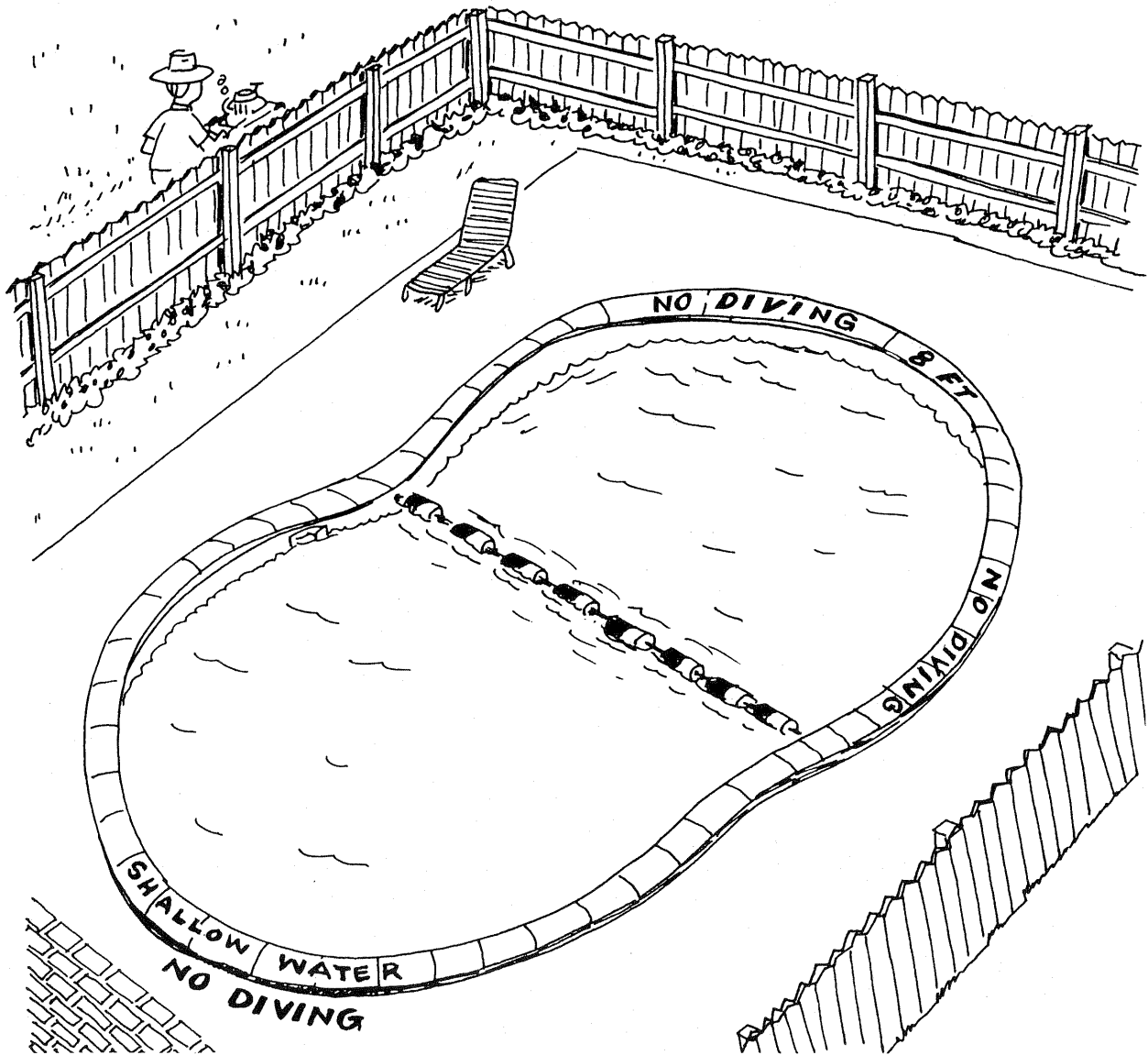
True		Not true
	Swimming is fun.	
	Rules protect us.	
	Pool water is red.	
	The sun cannot hurt your skin.	
	Sometimes it's OK to fool your friends by pretending you need help.	



Draw your face when you know you're being honest.

Why is telling the truth better than telling a lie?

BACKYARD POOL SAFETY



Draw where the following items belong:

phone

mom/dad

me

reaching pole

towel

toys

sunscreen

chair

floats

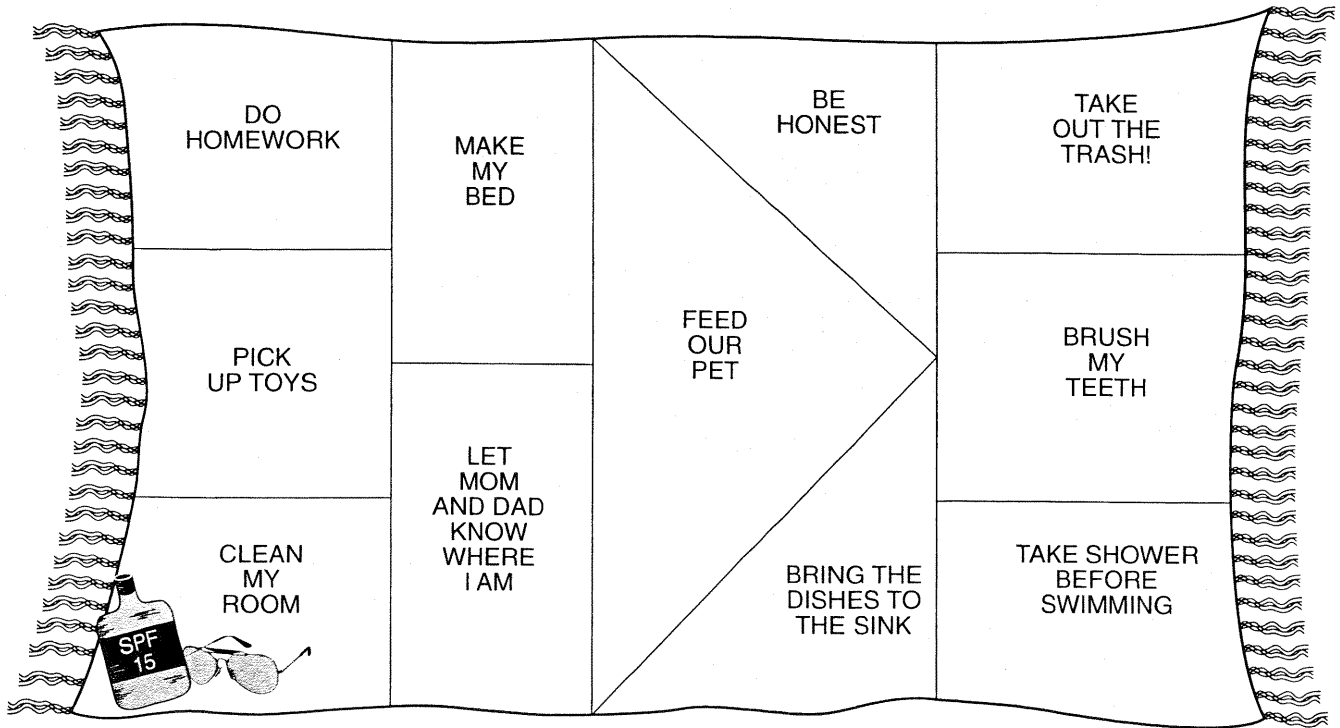
table

pool rules sign

ring buoy

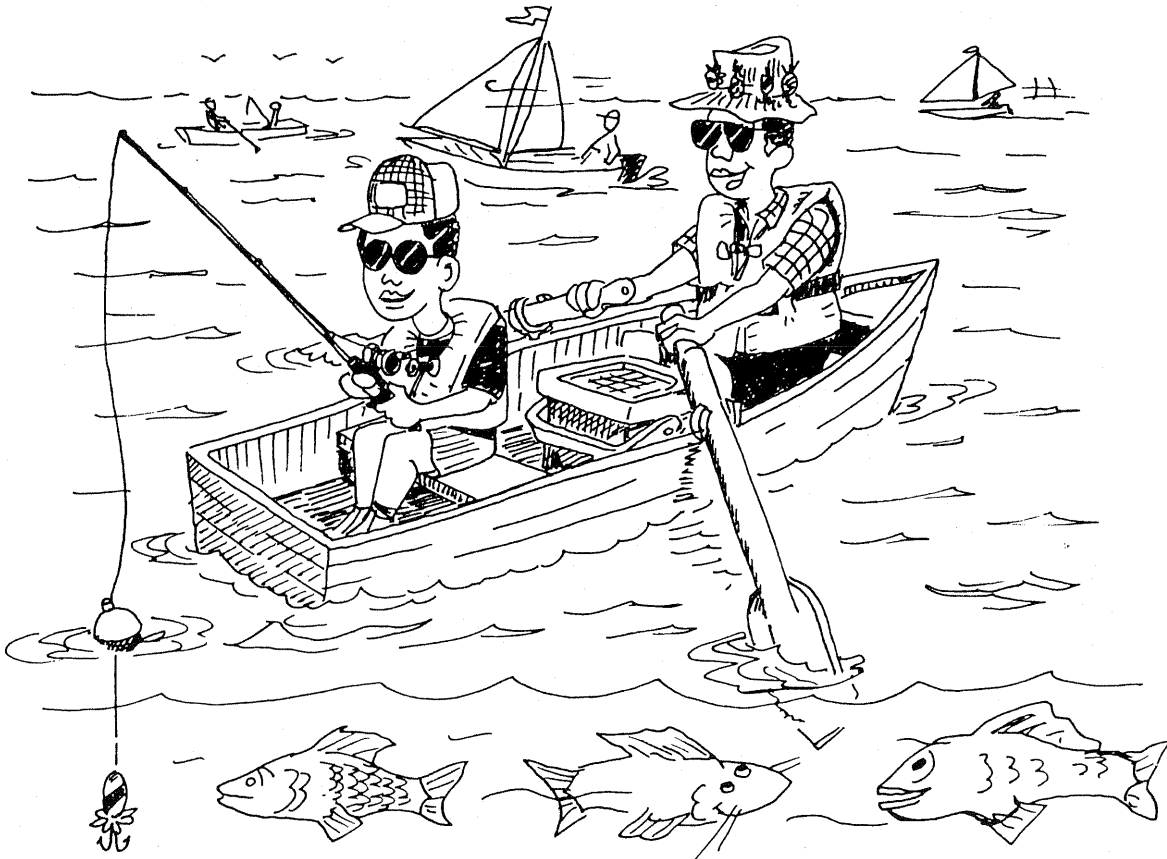
RESPONSIBILITY

Color parts of the towel that show responsibilities you have at your house.



What other responsibilities do you have?

BOATING SAFETY

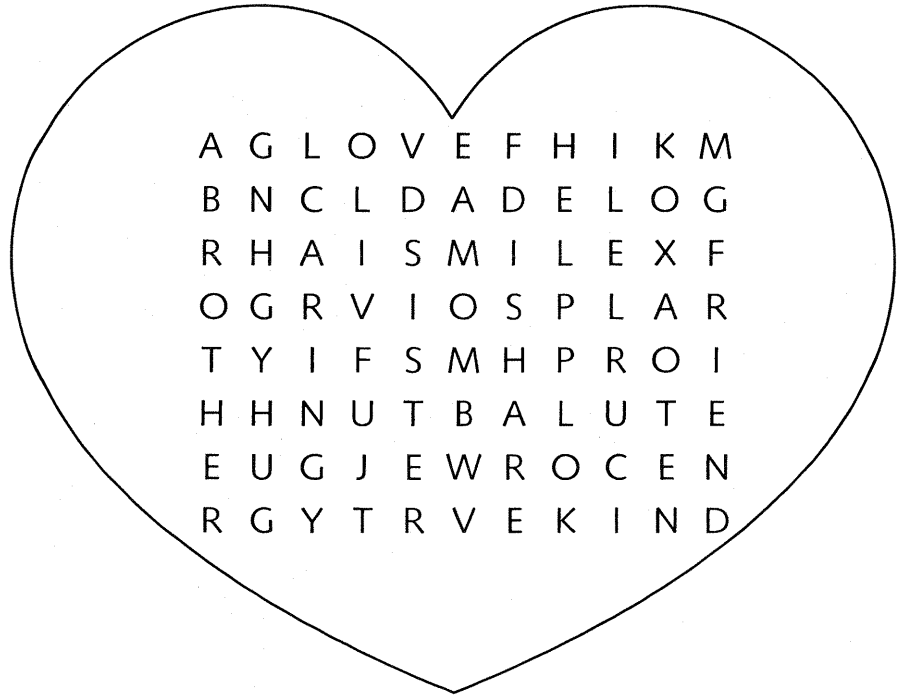


Write a story about this picture. Use your imagination. What is happening? Where are they? Where are they going? What will happen next?

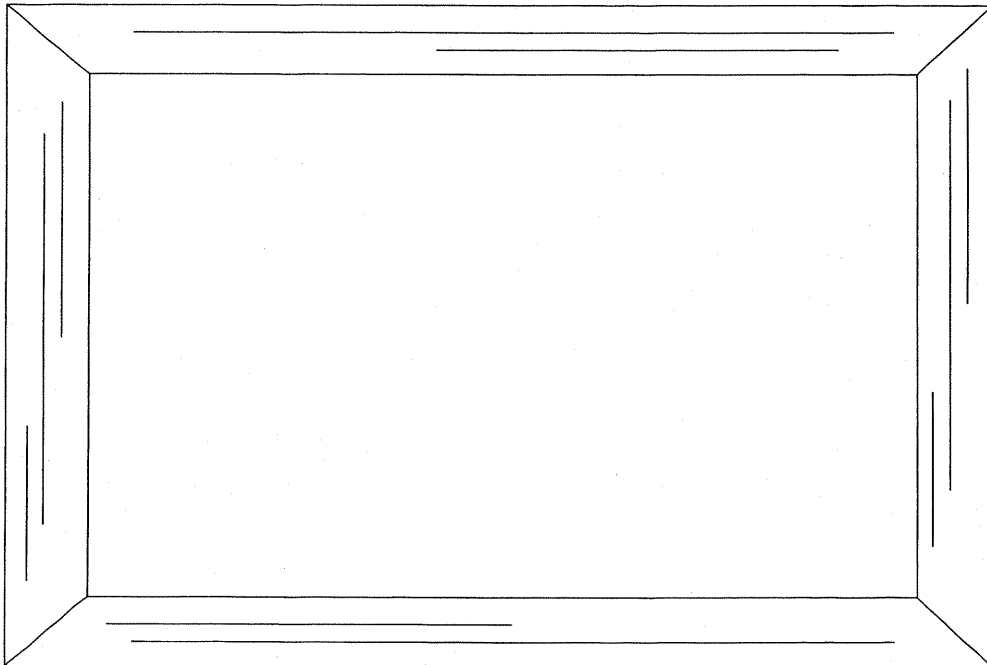
CARING

Find the words in the heart.

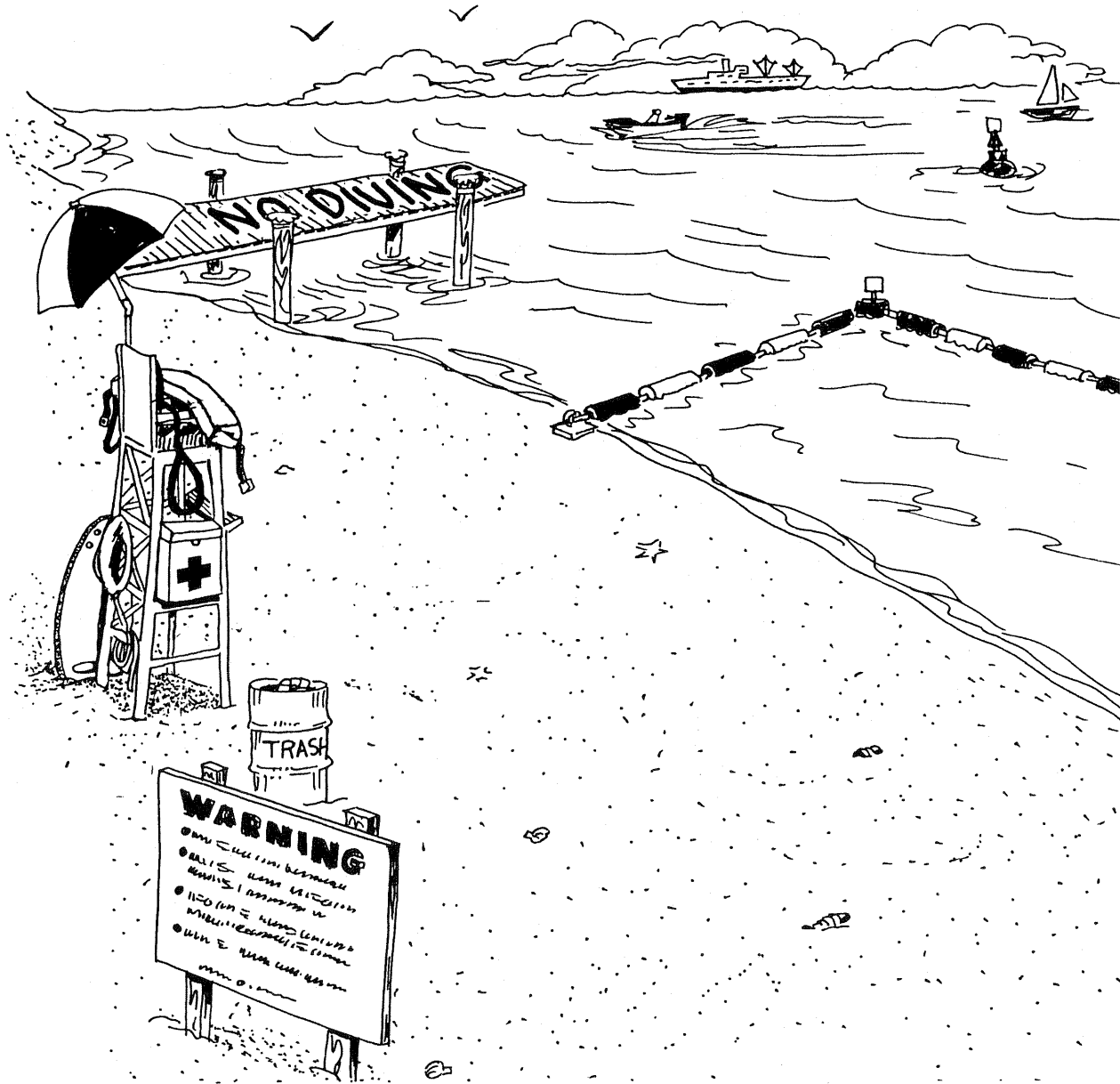
- | | |
|---------|--------|
| love | friend |
| brother | sister |
| smile | help |
| caring | mom |
| dad | hug |
| share | kind |



Draw a picture in the picture frame of someone you care about.

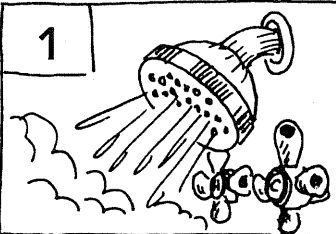
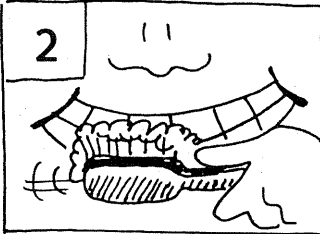

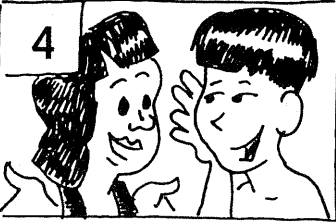
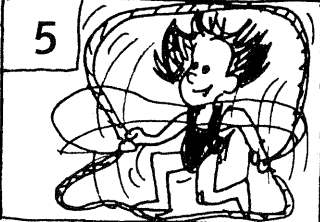
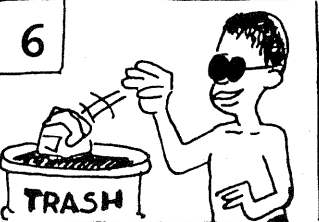
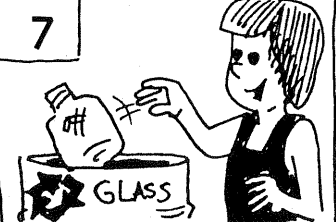




BEACH SAFETY



Draw a picture of your family at the beach. Make sure you include all the things you need to have a safe and fun day.

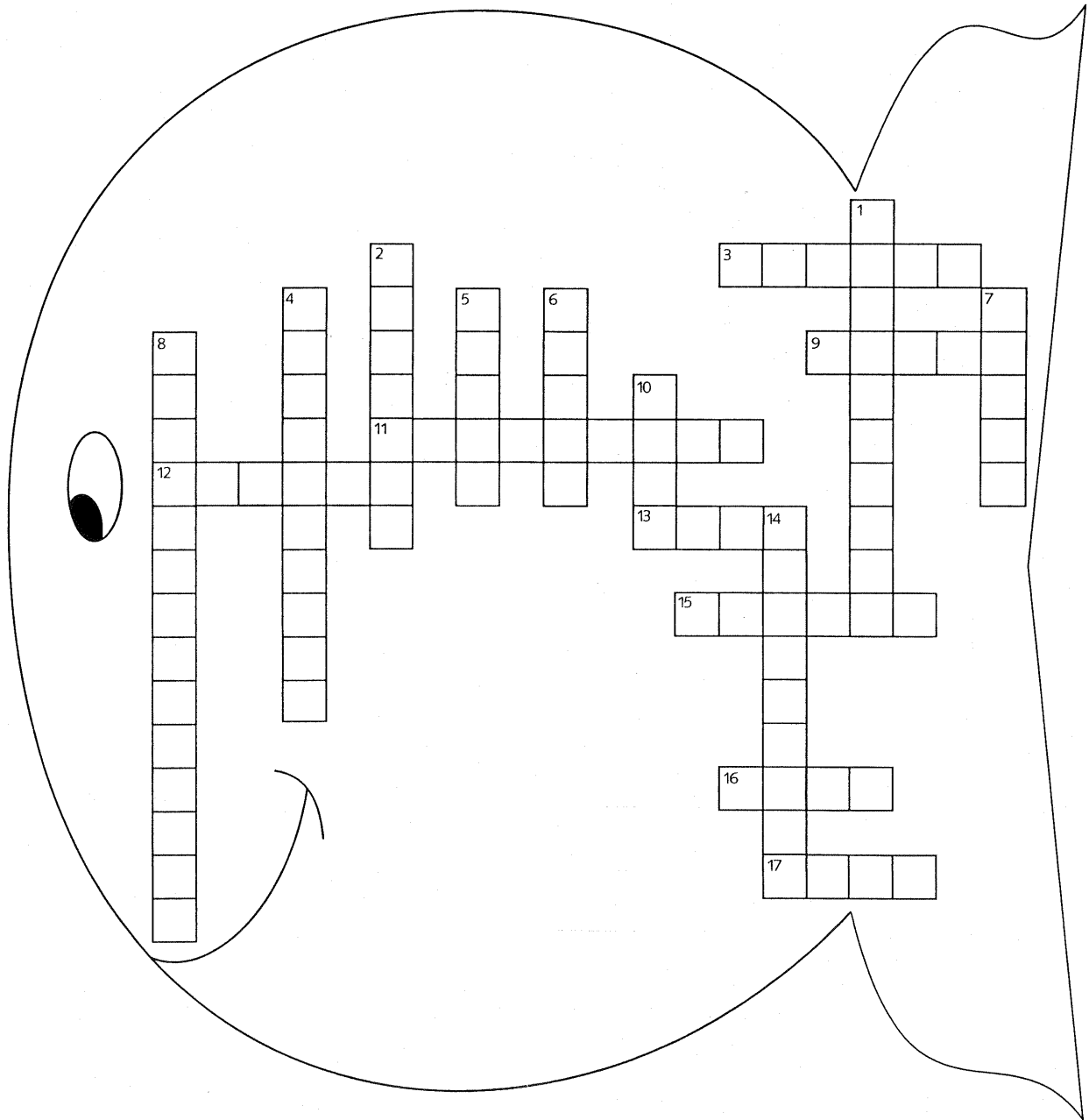
RESPECT

Self			Others		
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
1 	2 	3 			
4 	5 	6 			
7 	8 	9 			
Environment					
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			

How do you show respect for yourself, others, and the environment? Put the number of the picture where it belongs.

REVIEW

Finish this crossword puzzle using the clues and words below.



Across Clues

3. Love or putting others before yourself
9. Using a pole to help someone in trouble is called a _____ing assist.
11. Use this to protect your skin from sun damage.
12. Always let your _____ (s) know where you are.
13. A lifeguard should always be on duty when you swim at community swimming _____.
15. Good water _____ skills help you have fun in the water.

16. It is important to _____, not run, around a pool.
17. You should only dive in _____ water.

Down Clues

1. You should always wear a _____ in or around boats.
2. Telling the truth is showing _____.
4. Treating others as you would have them treat you is being _____.
5. You should never _____ up in a boat; you could fall.
6. You should always look for the warning board before swimming in a _____ area.
7. Using a ring buoy or beach ball to help someone in trouble is called a _____ing assist.
8. Duty or doing what you should is _____.
10. When you see someone in trouble, the first thing you should do is call for _____.
14. A _____ is on duty. It should be a safe place to swim.

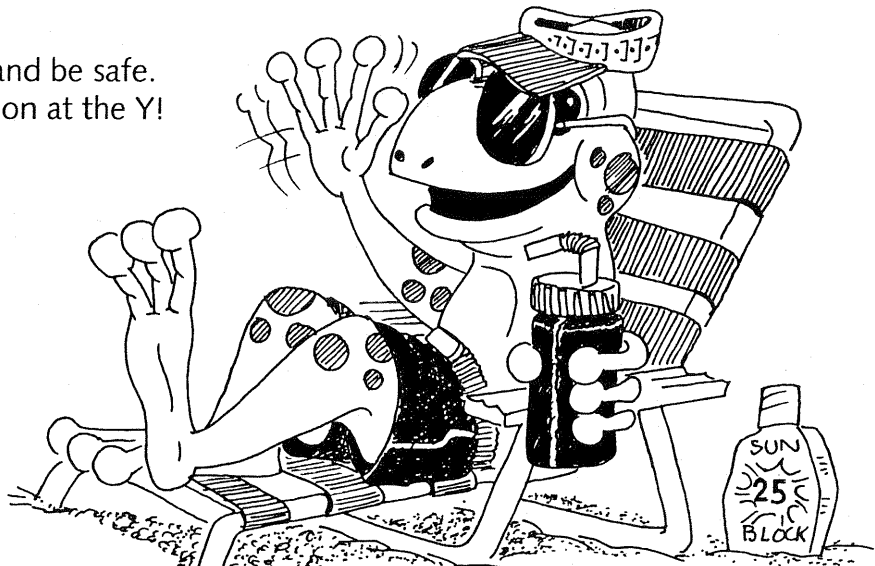
Word List

beach	honesty	pool	safety	walk
caring	lifejacket	reach	stand	
deep	lifeguard	respectful	sunscreen	
help	parent	responsibility	throw	

How many words can you make out of **YMCA Splash?**

_____	_____	_____
_____	_____	_____
_____	_____	_____

Have fun and be safe.
See you soon at the Y!





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Administered By The U.S. Coast Guard



YMCA

We build strong kids,
strong families, strong communities.