



BE WATER READY

SAFETY AROUND WATER – SPRING 2024

YMCA of Vineland

SAFETY AROUND WATER AT THE Y

Through the Safety Around Water Program, the Y helps prevent drowning. Research has shown that participation in formal swimming instruction can prevent drowning.

This program teaches youth 5 – 14 years water safety skills to reduce the risk of drowning. It builds upon individual skills to create two core skill sequences to help children be safe in and around the water - Jump, push, turn, grab and swim, float, swim.



Program Details for Safety Around Water

- Eligibility:**
 - ◆ Must be a non-swimmer or a Beginner (Y Swim Stages 1 & 2)
 - ◆ Ages 5* - 14 years old (must be 5 by May 17, 2024)
 - ◆ Income must be less than \$50,000*
- Dates:**
 - ◆ Program runs five (5) Fridays (May/June)
 - ◆ May 17, 24, 31; June 7, and 14. 40 Minute classes.
- Times:**
 - ◆ Select your preferred time—*Space is Limited*
 - ◆ 4:30-5:10pm; 5:15-5:55pm; 6:00-6:40pm; 6:45-7:25pm
- Fee:**
 - ◆ \$16.00 for all 5 Class dates
- Registration:**
 - ◆ Fill out the Safety Around Water registration form and register, with payment, at the Member Services Desk. Space is limited; must meet eligibility requirements to register.



***This program is grant funded through our Y’s Annual Giving Campaign and the USA Swimming Foundation Youth Learn To Swim Grant to address water safety in our community.**

Parent Information:

- A parent/guardian must assist the child in dressing for the pool, showering before swimming and after swim time. Male and female family locker rooms available.
- Children need a bathing suit and towel. A swim shirt may be worn in nylon/polyester, not cotton clothing.
- Long hair (shoulder length & longer) a hair tie or bathing cap is required.
- Children may not swim with open wounds, contagious diseases, or if they have a gastric (stomach) virus
- No shoes worn outside may be worn on pool deck; bare feet or shoe covers (at the pool) only

Questions: contact Mary Desjardins – aquatics@ccaymca.org or Jennifer Helm – helm@ccaymca.org for more program info or call Member Services – 856-691-0030 to register;