



Milam Family Multi-Purpose Center Schedule - Fall 2025

December 1-31

Subject to change without notice - Please check Y360 or our website for changes and updates

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|--|--|---|---|---|---|---|--|
| | | | Early Closing 12/24 & 12/31 | YMCA Closed 12/25/26; Early closing 1/1/26 | | | |
| 5AM | Open Gym/ Walking Track 5:00am-7:45am | Open Gym/ Walking Track 5:00am-7:45am | Open Gym/ Walking Track 5:00am-7:45am | Open Gym/ Walking Track 5:00am-7:45am | Open Gym/ Walking Track 5:00am-7:45am | | |
| 530AM | | | | | | | |
| 6AM | | | | | | Full Court | |
| 630AM | | | | | | Basetball 6:00am-8:30am | |
| 7AM | | | | | | | |
| 730AM | | | | | | | |
| 8AM | Group Ex Class 8am-9:15am | Group Ex Class 8am-9:15am | Group Ex Class 8am-9:15am | Group Ex Class 8am-9:15am | Group Ex Class 8am-9:15am | Open Gym 8:45am-2:15pm | Open Gym 830am-930am |
| 830AM | | | | | | | |
| 9AM | | | | | | | |
| 930AM | Walking Track 930am-1030am | Walking Track 930am-1030am | Walking Track 930am-1030am | Walking Track 930am-1030am | Walking Track 930am-1030am | | Full Court Basketball 930am-12pm |
| 10AM | | | | | | | |
| 1030AM | Youth Development 10:30-11:30am | Youth Development 10:30-11:30am | Youth Development 10:30-11:30am | Youth Development 10:30-11:30am | Youth Development 10:30-11:30am | | |
| 11AM | | | | | | | |
| 1130AM | OPEN GYM 11:30am-4:45pm | OPEN GYM 11:30am-3:45pm | OPEN GYM 11:30am-2:45pm | OPEN GYM 11:30am-2:45pm | OPEN GYM 11:30am-3:45pm | 8:45am-2:15pm | Open Gym 12:15-4:45pm |
| 12PM | | | | | | | |
| 1230PM | | | | | | | |
| 1PM | | | | | | | |
| 130PM | | | | | | | |
| 2PM | | | | | | | |
| 230PM | | | | | | Full Court Basketball 4:00-7:00pm | |
| 3PM | | | | | | | |
| 330PM | | | | | | | |
| 4PM | | | | | | | |
| 430PM | | | | | | | |
| 5PM | | | | | | Open Gym 4:45-545pm | |
| 530PM | Private Rental 5:00-7:00pm *Closed to Members | Family Open Gym 7:15-8:30pm | Private Rental 5:00-7:00pm *Closed to Members | Family Open Gym 615pm-8:30pm | Full Court Basketball 845-945pm | YMCA Closes at 6pm | |
| 6PM | | | | | | | |
| 630PM | | | | | | | |
| 7PM | Family Open Gym 7:15-8:30pm | | Family Open Gym 7:15-8:30pm | Full Court Basketball 8:45-9:45pm | Full Court Basketball 845-945pm | | |
| 730PM | | | | | | | |
| 8PM | | | | | | | |
| 830pm | | | | | | | |
| 900pm | Basketball 8:45-9:45pm | Basketball 845-945pm | Basketball 8:45-9:45pm | Basketball 8:45-9:45pm | Basketball 845-945pm | | |
| 930pm | | | | | | | |
| 10PM | YMCA Closes at 10pm | | | | | | |
| Open Gym (OG) – Is open to all members. Please be respectful and caring of others who wish to share the space. NO Full Court Games. Please note the curtain will be dropped during open gym to split the Milam Family MPC. | | | | | | | |
| Full Court Basketball (FC) - Is open to all members for full court recreational games. | | | | | | | |
| Walking Track Only (WT) – During this time, members may use the Milam walking track. NO basketball permitted at this time. | | | | | | | |
| Youth Development (YD)– This time slots reserved for our YMCA childcare programs. Only registered participants and staff are permitted in the room, unless otherwise specified. | | | | | | | |
| Pickleball Open Play (PO) – All members ages 10+ are welcome to come in and play some pickup games! No registration required to play, but should know basic rules. Pickleball only during this time. (Join TeamReach to know when members are playing!) | | | | | | | |
| Family Open Gym (FO) - During this time the curtain will be dropped and will allow families with parents and children under 12 to use the MPC. If no families are using the space others may use the MPC as open gym. However, if a familiy comes in other members must move to other side or leave MPC no exceptions. | | | | | | | |
| *Closed to Members | | REV 12/1 | Please note the 15 minute difference between time slots to allow set up/clean up. | | | | |