



Milam Family Multi-Purpose Center Schedule - Fall 2025

September 8th-September 21st*

Subject to change without notice - Please check Y360 for changes and updates; ***PLEASE NOTE: 2 week schedule**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
5AM	Open Gym/ Walking Track 5:00am-7:30am	Open Gym/ Walking Track 5:00am-7:30am	Open Gym/ Walking Track 5:00am-7:45am	Open Gym/ Walking Track 5:00am-7:45am	Open Gym/ Walking Track 5:00am-7:45am	Full Court Basetball 6:00am-8:30am		
530AM								
6AM								
630AM								
7AM								
730AM	Open	Open	Group Ex Class 8am-9:15am	Group Ex Class 8am-9:15am	Group Ex Class 8am-9:15am	Jr NBA GAMES	Open Gym 830am-930am	
8AM	Gym	Gym						
830AM	730am-9am	730am-9am						
9AM	Walking Track 9am-1030am	Walking Track 9am-1030am						
930AM	Youth Development 10:30-11:30am	Youth Development 10:30-11:30am	Walking Track 930am-1030am	Walking Track 930am-1030am	Walking Track 930am-1030am		8:45am-12:15pm	Full Court Basketball 930am-12pm
10AM			OPEN GYM 11:30am-5:30pm	OPEN GYM 11:30am-2:45pm	OPEN GYM 11:30am-2:45pm	OPEN GYM 11:30am-3:45pm		
1030AM								
11AM								
1130AM								
12PM								
1230PM	OPEN GYM 11:30am-5:30pm	OPEN GYM 11:30am-2:45pm	OPEN GYM 11:30am-2:45pm	OPEN GYM 11:30am-2:45pm	OPEN GYM 11:30am-3:45pm	Open Gym 12:30-2:15pm	Open Gym 12:15-4:45pm	
1PM								
130PM								
2PM								
230PM								
3PM	OPEN GYM 11:30am-5:30pm	OPEN GYM 11:30am-2:45pm	OPEN GYM 11:30am-2:45pm	OPEN GYM 11:30am-2:45pm	OPEN GYM 11:30am-3:45pm	Open Gym 12:30-2:15pm	Open Gym 12:15-4:45pm	
330PM								
4PM								
430PM								
5PM								
530PM	Family Open Gym 5:30-8:30	JR NBA Practice 5:45-7:30pm	Pickleball Advanced Play 3:00-4:30pm Beginner Play 430-6pm	Pickleball Advanced Play 3:00-4:30pm Beginner Play 430-5:45pm	Full Court Basketball 4:00-7pm	Open Gym 12:30-2:15pm	Open Gym 12:15-4:45pm	
6PM								
630PM								
7PM								
730PM								
8PM	Family Open Gym 5:30-8:30	JR NBA Practice 5:45-7:30pm	Family Open Gym 615pm-715pm	JR NBA Practice 5:45-7:30pm	Full Court Basketball 4:00-7pm	Open Gym 12:30-2:15pm	Open Gym 12:15-4:45pm	
830pm								
900pm								
930pm								
10PM								
	YMCA Closes at 10pm							

Open Gym (OG) – Is open to all members. Please be respectful and caring of others who wish to share the space. NO Full Court Games. Please note the curtain will be dropped during open gym to split the Milam Family MPC.

Full Court Basketball (FC) - Is open to all members for full court recreational games.

Walking Track Only (WT) – During this time, members may use the Milam walking track. NO basketball permitted at this time.

Youth Development (YD)– This time slots reserved for our YMCA childcare programs. Only registered participants and staff are permitted in the room, unless otherwise specified.

Pickleball Open Play (PO) – All members ages 10+ are welcome to come in and play some pickup games! No registration required except for clinics. Pickleball only during this time. **Beginner Clinics are available (Join TeamReach to know when members are playing!)**

Family Open Gym (FO) - During this time the curtain will be dropped and will allow families with parents and children under 12 to use the MPC. If no families are using the space others may use the MPC as open gym. **However, if a family comes in other members must move to other side or leave MPC no exceptions.**

*Closed to Members

REV 9/8

Please note the 15 minute difference between time slots to allow set up/clean up.