

# PROTECTING OUR COMMUNITY

## 2024 AMERICAN RED CROSS LIFEGUARD CERTIFICATION COURSE

### American Red Cross Lifeguard Course – Blended Learning:

- Individuals who complete the prerequisite swimming skills are eligible to sign up for the Lifeguard Training course. This is a Blended Learning class and will require online training to be done on a computer or tablet and in-person manikin and water rescue skills.
- Successful completion of assignments, written test, and water skills are required for certification.
- Course includes all the up-to-date course/materials for Lifeguard, First Aid, CPR and AED certifications.

**100% Attendance required for ALL scheduled dates**  
**Must be 15 years old by the last day of the class.**



Scan QR code for  
Lifeguard Course info  
& pre-screening  
dates.



### COURSE DATES:

- Mon., January 15 – 4:30-9pm
- Fri., January 19 – 4:30-9pm
- Mon., January 22 – 4:30-9pm
- Fri., January 26 – 4:30-9pm
- Sat., February 3 – \*8:00am-12pm – part of this class will be at the Holly City Family Center, located at 8 East Mulberry Street, Millville, NJ 08360

An email about the online portion will be sent to all who meet the registration deadline, no later than Wednesday, January 10.

### LG CERTIFICATION CLASS FEE\*

Facility members:  
\$200.00

Program/Community  
members:  
\$250.00

\*Fee includes ARC LG  
manual, pocket mask, fanny  
pack, and certification fee

See Member Services to Register no later than **Saturday, January 6!**

**Cumberland Cape Atlantic YMCA**

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